



## Meal Menu - July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Morning Fruit - Seasonal Fruit Lunch Rajma Rice + Salad	Morning Fruit - Seasonal Fruit Lunch Channa Bhatura + Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch Dal Makhani+ Chapati + Salad	Morning Fruit - Seasonal Fruit Lunch Black Channa + Rice + Seasonal vegetable + Sweet	Morning Fruit - Seasonal Fruit Lunch Veg Sandwich + Ketchup
6	7	8	9	10	11	12
HOLIDAY	Morning Fruit- Seasonal Fruit Lunch Kadi+ Rice+ Salad	Morning Fruit - Seasonal Fruit Lunch Matar Paneer +Chapati + Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch Bread Pakora + Ketchup	Morning Fruit- Seasonal Fruit Lunch Channa Dal Khichdi + Curd + Salad	Morning Fruit - Seasonal Fruit Lunch Moong Dal + Chapati + Salad + Sweet	HOLIDAY
13	14	15	16	17	18	19
HOLIDAY	Morning Fruit - Seasonal Fruit Lunch Aloo Poori+ Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch Sambhar Rice + Salad	Morning Fruit - Seasonal Fruit Lunch Mixed veg. + Chapati + Salad	Morning Fruit - Seasonal Fruit Lunch Mix Dal + Jeera Aloo + Chapati + Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch Rajma Rice + Salad	Morning Fruit - Seasonal Fruit Lunch Mix Parantha
20	21	22	23	24	25	26
HOLIDAY	Morning Fruit - Seasonal Fruit Lunch Pav Bhaji + Salad	Morning Fruit- Seasonal Fruit Lunch Urad Channa Dal + Chapati + Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch Veg Pulao + Curd	Morning Fruit- Seasonal Fruit Lunch Channa Bhatura + Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch Channa Dal Ghiya + Chapati + Salad	HOLIDAY
27	28	29	30	31		
HOLIDAY	Morning Fruit- Seasonal Fruit Lunch Red Lobia + Chapati + Jeera Aloo + Raita + Salad	Morning Fruit- Seasonal Fruit Lunch- Aloo Poori + Salad + Sweet	Morning Fruit- - Seasonal Fruit Lunch- White Channa + Rice + Salad	HOLIDAY		