



## Meal Menu - September 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Morning Fruit - Seasonal Fruit Lunch- Rajma + Steamed Rice + Garden Salad	Morning Fruit- Seasonal Fruit Lunch- Poori + Jeera Aloo + Garden Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch- Urad Channa Dal + Butter Chapati + Garden Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch- Moong Dal +Aloo Gobhi + Butter Chapati + Garden Salad	Morning Fruit - Seasonal Fruit Lunch- Kulcha Matar + Kachumbar Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch- Aloo Parantha
7	8	9	10	11	12	13
HOLIDAY	Morning Fruit- Seasonal Fruit Lunch- Dal Makhani + Jeera Aloo + Butter Chapati + Garden Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch- Pav Bhaji + Garden Salad	Morning Fruit- Seasonal Fruit Lunch- Veg Pulao + Curd	Morning Fruit - Seasonal Fruit Lunch- Mix Dal +Raita + Butter Chapati + Garden Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch- Kadhi Pakora + Steamed Rice + Garden Salad	HOLIDAY
14	15	16	17	18	19	20
HOLIDAY	Morning Fruit - Seasonal Fruit Lunch- Aloo Gobhi + Butter Chapati + Raita + Garden Salad	Morning Fruit- - Seasonal Fruit Lunch- Black Channa + Steamed Rice + Garden Salad + Sweet	Morning Fruit - Seasonal Fruit Lunch- Bread Pakora + Ketchup	Morning Fruit - Seasonal Fruit Lunch- Dal Tadka + Aloo Capsicum + Butter Chapati + Garden Salad	Morning Fruit - Seasonal Fruit Lunch- Sambhar + Steamed Rice + Garden Salad	Morning Fruit - Seasonal Fruit Lunch- Grilled Sandwich
21	22	23	24	25	26	27
HOLIDAY	HOLIDAY	HOLIDAY	Morning Fruit - Seasonal Fruit Lunch- Rajma + Steamed Rice + Garden Salad	Morning Fruit- Seasonal Fruit Lunch- Channa Bhatura + Garden Salad + Sweet	Morning Fruit- Seasonal Fruit Lunch- Red Lobia + Butter Chapati + Jeera Aloo + Garden Salad	HOLIDAY
28	29	30				
HOLIDAY	Morning Fruit- Seasonal Fruit Lunch- Mxed Veg. + Butter Chapati + Raita + Garden Salad	Morning Fruit- - Seasonal Fruit Lunch- White Channa + Steamed Rice + Garden Salad				